



Marriage Saving Guardrails

"A guardrail is not a scenic byway but a protective device."

Guardrail #1

Never develop an emotional "connection" to a person of the opposite sex

Guardrail #2

Never be alone with a person of the opposite sex unless at work with an open door and windows.

Guardrail #3

Never engage in any negative talk about our spouse with a person of the opposite sex.

Guardrail #4

Never compliment a person of the opposite sex in a way that would elicit an emotional response.

Guardrail #5

Never have counseling/mentoring relationships with a person of the opposite sex.

Guardrail #6

Never make physical contact in a non-casual way (or place) with a person of the opposite sex.

Guardrail #7

Never make foul, rude, coarse or sexual comments **especially** to a person of the opposite sex.

Guardrail #8

Never give a gift or card to a person of the opposite sex that is only from you (Say **"WE"** a lot).

Guardrail #9

Never have non-business-related communication (real or artificial) with a person of the opposite sex.

Guardrail #10

Never assume your spouse is living by your standards!

"Guardrails direct and protect." Andy Stanley